

Basic Sea Survival



Scope

The aim of this course is to provide offshore personnel with the knowledge and skills necessary to care for themselves and others in sea survival situations for an indefinite period of time and to participate to the maximum extent in their own rescue. This program meets and exceeds the standards put forth by the International Association of Sea Survival Training (IASST). The course includes the psychology of survival, life saving appliances, actions prior to abandonment, survival at sea and rescue techniques. The program consists of classroom sessions, pool exercises, active participation in practice drills and a survival exercise at sea.

Objectives

During the course delegates will gain a basic level of understanding and awareness of the dangers at sea, sea survival equipment and rescue and survival techniques. This is achieved through a mixture of classroom and practical exercises both in the pool and in the sea.



Duration, Content & Validity

- Stresses of sea survival
- Survival life support
- Survival equipment
- Video presentations
- Practical exercises including Formation, Scramble net, transfer personnel -using basket (FROG), swing rope, hoisting, jumping, righting liferaft, etc.
- Liferaft abandonment drill
- Signaling and Rescue technique exercises at sea

Total Duration: One (1) Day.

Validity: Recommended Three (3) Years.